



On-Ice Options: 50 Person Cohort

5 on 5 League Options:

- 4 team divisions with maximum rosters of 12 players per team
- 2 officials max per division

- 3 team divisions with maximum rosters of 14 to 16 players per team depending on region
- 2 officials max per division

- Players and referees should only play/officiate in the division they are assigned
- League can re-align in January and revert back to original layout (more teams per division)

4 on 4 League Options:

- Maximum 12 players per roster but only 10 plus 1 goalie per game (allowing for 1 spare)
- Minimum 5 players plus 1 goalie to play
- Potential for no face-offs
- After each goal/penalty shot, defending team takes puck from behind own net to exit zone
- Penalty shots can be implemented to replace penalties

3 on 3 League Options:

- Ice can be divided in half with two games happening simultaneously
- The need for a referee can be arbitrary
- Maximum 7 players per roster
- Minimum 4 players plus 1 goalie to play
- No face-offs
- Penalty shots for penalties

Mini League Options:

- 12 mini-leagues of 4 teams
- Maximum 10 skaters per team
- 50 minute games instead of 80 minute
- Each league becomes a bubble of a 50 cohort group for contact tracing
- Separate rooms for goalies to create own bubble so they can rotate through the team

Term/Semester Play:

- September to December – using a scenario described above
- January to end of season – revert back to original league format (providing ice availability is not an issue and pandemic is over)
- Keep as two separate leagues or potential for finals between semesters in spring if protocols allow

On-ice Development:

- In the event game situations are not permissible at your arena/in your municipality, on-ice development options may be performed
- This is a great way to stay in hockey shape while simulating game-like situations
- Sample drills are available here: <http://www.iplayhockey.ca/Drills/Featured-Vault>
- Sample skill videos are available here: <http://www.iplayhockey.ca/cms/Skill-Videos>

League Survey:

- Identify two options that are feasible for your league
- Present them to your league participants to gauge interest
- Establish league format based on majority rules
- Book ice based on the interest

Things to consider:

- Some formats will result in a higher cost per player as there are less players to divide up league entry fee
- Ice rental time slot may be reduced to allow for cleaning
- More divisions will result in more divisional prizing if applicable
- Referees should be assigned to one division
- Timekeepers are typically behind Plexiglas and/or should wear a mask

CARHA  HOCKEY

Suite 610, 1420 Blair Towers Place, Ottawa, ON K1J 9L8

Tel: (613) 244-1989 / (800) 267-1854 • Fax: (613) 244-0451 / (866) 345-1975

hockey@carhahockey.ca

carhahockey.ca